



Krishnamacharya Yoga Mandiram

॥ gāyatrī - mantrah ॥

॥ samhitā - pāṭhaḥ ॥

Om tatsāviturvareṇyam bhargō devasyā dhīmahi | dhiyo yo
naḥ pracodayāt ॥

॥ krama - pāṭhaḥ ॥

Om tatsāvituḥ | saviturvareṇyam | vareṇyam bhargāḥ |
bhargō devasyā | devasyā dhīmahi |
dhīmahīti dhīmahi |
dhiyo yaḥ | yo naḥ | naḥ pracodayāt |
pracodayāditi pra-codayāt ॥



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॥ jaṭā-pāṭhaḥ ॥

Om tatsāvītus¹sāvītustattatsāvītuh¹ ।

sāvītur²vareṇyam² vareṇyagṃsavītus¹sāvītur²vareṇyam² ।

vareṇyam² bhargo¹ bhargo¹ vareṇyam² vareṇyam² bhargaḥ¹ ।

bhargō¹ devasyā¹ devasyā¹ bhargo¹ bhargō¹ devasyā¹ ।

devasyā¹ dhīmahi¹ dhīmahi¹ devasyā¹ devasyā¹ dhīmahi¹ ।

dhīmāhīti¹ dhīmahi¹ ।

dhiyo¹ yo¹ yo¹ dhiyo¹ dhiyo¹ yaḥ¹ ।

yo¹ no¹ no¹ yo¹ yaḥ¹ ।

naḥ¹ pracodayāt² pracodayāno² naḥ¹ pracodayāt² ।

pracodayāditi¹ pra-codayāt² ॥



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|| ghana-pāṭhaḥ ||

Om tatsa¹vi¹tus¹savi¹tustattatsa¹vi¹turva²re²ṇya²m
va²re²ṇya²gmsavi¹tustattatsa¹vi¹turva²re²ṇya²m |

sa¹vi¹turva²re²ṇya²m va²re²ṇya²gmsavi¹tus¹savi¹turva²re²ṇya²m bhargo
bhargo va²re²ṇya²gmsavi¹tus¹savi¹turva²re²ṇya²m bhargaḥ |

va²re²ṇya²m bhargo bhargo va²re²ṇya²m va²re²ṇya²m bhargo de¹vasya¹
de¹vasya¹bhargo va²re²ṇya²m va²re²ṇya²m bhargo de¹vasya¹ |

bhargo de¹vasya¹ de¹vasya¹ bhargo bhargo de¹vasya¹ dhīma¹hi dhīma¹hi
de¹vasya¹ bhargo bhargo de¹vasya¹ dhīma¹hi |
de¹vasya¹ dhīma¹hi dhīma¹hi de¹vasya¹ de¹vasya¹ dhīma¹hi |
dhīma¹hi¹ dhīma¹hi |

dhiyo¹ yo yo dhiyo¹ dhiyo¹ yo no¹ no¹ yo dhiyo¹ dhiyo¹ yo naḥ¹ |
yo no¹ no¹ yo yo naḥ¹ pra¹co¹dayāt¹pra¹co¹dayā¹nno¹ yo yo naḥ¹
pra¹co¹dayāt¹ |

naḥ¹ pra¹co¹dayāt¹ pra¹co¹dayā¹nno¹ naḥ¹ pra¹co¹dayāt¹ |
pra¹co¹dayā¹diti¹ pra¹co¹dayāt¹ ||