

oṣadhivānaspāṭayo me lomāsu śritāḥ | lomāni hṛdaye | hṛdayam
mayi | ahamamṛte | amṛtam brahmaṇi ||

indro me balē śritāḥ | balagr̥hṛdaye | hṛdayam mayi |
ahamamṛte | amṛtam brahmaṇi ||

parjanya me mūrdhni śritāḥ | mūrdhā hṛdaye | hṛdayam mayi |
ahamamṛte | amṛtam brahmaṇi ||

iśāno me manyau śritāḥ | manyurhṛdaye | hṛdayam mayi |
ahamamṛte | amṛtam brahmaṇi ||

ātmā mā ātmani śritāḥ | ātmā hṛdaye | hṛdayam mayi | ahamamṛte |
amṛtam brahmaṇi ||

punarma ātmā punarāyurāgāt | punaḥ prāṇaḥ punarākūtamāgāt |
vaiśvānaro raśmibhīrvāvṛdhānaḥ | antastiṣṭhatvamṛtasya gopāḥ ||