



Krishnamacharya Yoga Mandiram

śānti mantra-s

pr̥thivī śāntā sā'gninā śāntā sā me śāntā śucagm̐samayatu |
antarikṣagm̐śāntam̐ tadvāyunā śāntam̐ tanmeśāntagm̐śucagm̐samayatu |
dyauśśāntā sā''dityenā śāntā sā me śāntā śucagm̐samayatu |
pr̥thivī śāntirantarikṣagm̐śāntirdyauśśāntirdiśāśśāntiravāntaradiśāśśāntir
agniśśāntirvāyuśśāntirādityaśśāntiścandramāśśāntirnakṣatrāṇi
śāntirāpaśśāntiरोषadhayaśśāntirvanaspatayaśśāntirgauśśāntirajā
śāntiraśvaśśāntiḥ puruṣaśśāntirbrahmaśāntirbrāhmaṇaśśāntiśśāntireva
śāntiśśāntirme astu śāntiḥ |

tayā hagn̐śāntyā sarvaśāntyā mahyam̐ dvīpade catuṣpade ca
śāntim̐ karomi śāntirme astu śāntiḥ |

paśyema śaradaśśatam̐ jīvema śaradaśśatam̐ nandāma
śaradaśśatam̐ modāma śaradaśśatam̐ bhavāma
śaradaśśatagm̐sr̥ṇavāma śaradaśśatam̐ prabrāvāma
śaradaśśatamajitāssyāma śaradaśśatam̐ jyokca sūryam̐ dr̥ṣe |