



Krishnamacharya Yoga Mandiram Information to the Care-seeker and Consent

- The Care-seeker seeking online Yoga Therapy support sessions shall fill in the online form. This can be accessed at <https://bit.ly/3dobVCg>.
- An evaluation session to assess the possibility of online Yoga Therapy support will be fixed, in which a senior Yoga Therapy Consultant will meet the care-seeker via WhatsApp video or Skype video session.
- The care-seeker shall ensure that they explicitly state their medical conditions to the Yoga Therapy Consultant at the time of evaluation.
- Upon confirmation from the Yoga Therapy Consultant, the online consultation and the first Yoga Therapy session will be fixed by KYM and informed to the care-seeker via Text Message/Mail/WhatsApp.
- Online Yoga Therapy support will include a consultation and six Yoga Therapy class sessions. The first Therapy session will be a Yoga Therapy Consultation and Yoga Therapy class followed by five Yoga Therapy classes fixed subsequently. Care-seekers are requested to make the payment as mentioned in the Message/Mail/WhatsApp sent by KYM.
- On receipt of payment from the care-seeker, the KYM shall proceed with fixing the Online Yoga Therapy Support session.
- By accepting the fixed appointment time for the therapy session, the care-seeker shall be deemed to have consented to the Online Yoga Therapy process of the KYM.
- The care-seeker shall ensure to be available at the time of appointment and therein for subsequent classes on the platform mutually agreed by the KYM and care-seeker.
- The care-seeker shall also ensure that the required internet connection is in place before the appointment date and time.
- KYM will not be responsible for any disruptions in internet connectivity from care-seeker's side during the session.
- The care-seeker shall not record the therapy consultation and class. This includes recording in audio/video and any other visual/media format.
- The care-seeker shall diligently follow the course given by their consultant/teacher and record their feedback accordingly.
- The frequency and duration of the sessions shall be decided by the Yoga Therapy Consultant/teacher in the best interest of the care-seeker.